

When kids enter the foster system they are given two garbage bags in which to carry their belongings. Often these kids move from house to house, still using garbage bags. Comfort Bags are duffel bags for foster kids. They are filled with special items for the kids, and they provide a sturdy bag for them to carry their belongings.

We are putting together 100 Comfort Bags for our local foster kids, and I need your help. We need items to put in the Comfort Bags and we need hands on deck to help pack and decorate all 100 bags.

We are also assembling 15 bikes for foster teens this year!

## You can get involved by:

- 1) Donating money towards the cost of the bikes and bags
- 2) Donating items to be put in the bags
- 3) Helping us assemble the bags and bikes

## Comfort Bag Items

Children's books
Blankets
Colored pencils
Coloring books
Stuffed animals
Hair brushes
Small toiletry bag
Journals
Water Bottles

Anything else you think a kid/teen would enjoy!

Please arrange to have all items to us by 10/31.



Questions:

info@throwingstarfish.org

To donate visit:

www.throwingstarfish.org/currentprojects

